

Ephesians 4

Thinking before We Speak

Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.

1. Family Activity: (Supplies needed –Plastic Table/tablecloth, shaving cream)
 - Shaving Cream Art:
 - Take a can of shaving cream and have a kid spray it out onto the table (the more the better).
 - Ask your family to join in with you drawing in the cream.
 - Draw a family portrait, city skyline, dream house, etc....Get creative.
 - Play games, like tic tac toe.
 - Be sure to take interest in what they are drawing and to be supportive. Find something to compliment in their art.
 - When done playing with it, ask your kids to clean it all up and put it back in the can.
 - Of course, this isn't possible.
 - Questions to ask:
 - Why can't you put all the cream back in the can?
 - If we cut the can open and scooped it in would it work again next time?
 - No, it wouldn't. It gets all watery and is no fun.
2. Devotional: (Ephesians 4:29)
 - Read through the verse aloud. (Maye have one of your kids read)
 - Questions to Ask/Things to Discuss: (This is a guide, change it up and make it fit your family)
 - Evaluate the saying, "Sticks and stones may break my bones, but words will never hurt me."
 - Do you think this is true?
 - Why or why not?
 - What are some examples of "corrupting" talk?
 - What forms of "corrupting talk" do you have the most trouble with?
 - What are some examples of "good for building up" words?
 - What does the last phrase, "that it may give grace to those who hear" mean?
 - From MacArthur - Cf. Col 4:6. Because believers have been saved by grace and kept by grace, they should live and speak with grace. Our Lord set the standard (Luke 4:22).
 - Our words are important because we are witnesses of who God is and what He has done for us.
 - Tie in the idea that just like shaving cream, once words come out, they can't go back in.