

Hebrews 11
What is Faith?

Now faith is the assurance of things hoped for, the conviction of things not seen.

1. Family Activity: (Supplies needed – room with space, blindfold & chair)
 - Ask someone to volunteer. They will place the blindfold on. Once they are blindfolded put a chair in the middle of the room (best if it is not an office chair with wheels). Tell the blindfolded person to follow your voice as you guide them with your words around the room, without running into anything. After making a lap or two around the room(s) direct them to the chair (that they do not know is there) and ask them to trust you and lean back and sit down, without feeling or reaching.
 - Questions to ask: (Parent who guided asks the questions)
 - Why did/didn't you trust me to guide you safely around the room?
 - "I know that you love me and wouldn't hurt me."
 - "You have let me down in the past so I couldn't trust you this time."
 - Were you scared when I asked you to sit down in the middle of the room? Why?
 - "No, I peeked and saw there was a chair there."
 - "Yes, I wasn't sure where I was, but I trusted that you knew what you were doing."
 - To those that watched, do you think you would have trusted me? Why or why not?
2. Devotional: (Hebrews 11)
 - Read through the chapter aloud.
 - Questions to Ask:
 - What is "Faith"?
 - Hint, verse one gives an answer.
 - As a parent take the time to talk through it and help them understand.
 - Here is a resource on faith - <https://www.focusonthefamily.com/parenting/what-is-faith/>
 - Of all the people listed in this chapter which one do you think showed faith in the most difficult of circumstances?
 - What was so difficult about their circumstance?
 - What similarities do you have with that person?
 - Why do we place our faith in the God of the Bible? Why did all of these people place their faith in God?
 - He is unchanging (Heb. 13:8).
 - He loves us (1 John 4:16).
 - He died for us (John 3:16)
 - How can we place our faith in God during difficult times in our lives?
 - Like being quarantined
 - Not being able to go to school and see friends
 - Not being able to go to church